

FollowMyHealth Patient Portal

We invite you to sign up for our **FollowMyHealth** patient portal!
This is a user-friendly application that allows you to:

- Access your personal healthcare information
- Schedule or cancel appointments online
- Communicate directly with your provider
- Request refills on your current prescriptions
- Link to other providers who also use FollowMyHealth

We will need your email address, and once authorized, Midwest Medical Specialists will mail you a username and password to the address we have on file for you, along with a quick navigation guide for ease of use.

Terms of Use and Privacy Policy

FollowMyHealth (FMH) is a personal health record (PHR) available to patients, individually or through a healthcare provider, designed to empower patients with the ability to take greater control of their medical information. Integral to the success of the FMH is ensuring the privacy and security of health information contained within FMH. This is accomplished, in part, by giving the individual patient control over uploading information into and sharing outside of the PHR. For example, we will only allow a connection from your PHR to your electronic health record at your provider's office on your authorization. Similarly, you control if any Personally Identifiable Information moves from the PHR to your electronic medical record at your provider's practice. Personally Identifiable Information is information that can be used alone or in combination to distinguish or trace an individual's identity, such as name, social security number, address, date and place of birth, mother's maiden name, etc. Within FMH, all Personally Identifiable Information is encrypted at three levels: each individual has a unique encryption key; demographic information is encrypted; and clinical data is separately encrypted.

Additionally, you have primary and virtually sole access to your information once it is in FMH. If you assign a representative she or he will also have access to your FMH record. Allscripts will access the information within your PHR only to provide support services or maintenance to FMH. Your healthcare provider does not have access to your FMH record or any information within your PHR unless you provide such access.

Because your FMH PHR is controlled by you and remains with you so long as you choose, regardless of its connection to any healthcare provider, the information within it is considered Personally Identifiable Information that is governed by the privacy and security standards of the FTC and its Health Breach Notification Rule. The FTC requires companies to follow their written privacy policies and agreements with consumers. In the event of a Breach of a consumer's Personally Identifiable Health Information, Allscripts is required to notify the consumer and the FTC of the event. The health information within the FMH PHR is not subject to the separate requirements of HIPAA. As a steward of confidential health information Allscripts takes protection of patient data very seriously. Should you have any questions, please contact Allscripts at privacy@followmyhealth.com.

IF YOU ALREADY HAVE A FOLLOWMYHEALTH PORTAL ACCOUNT WITH ANOTHER PROVIDER, CONNECT TO OUR PRACTICE WITH THAT ACCOUNT USERNAME AND PASSWORD. DO NOT COMPLETE THIS FORM.

Print Name _____ Date _____

Signature _____ Date of Birth _____

Email _____ Patient ID# _____